

# **JSS College of Physiotherapy**

## **STUDENT COUNCIL ANNUAL REPORT 2020-21**

**Ref: Student Council /R /01/20-21**

Student council election for the academic year of 2020-21 was conducted on 24th April 2021, with supervision of Mr. Ranjith (Election coordinator). The new council members for the academic year 2020-21 were selected and were encouraged to work collectively towards various activities for the year ahead. List of newly elected student council members for the academic year 2020-21 were as follows,

- President: Bharath MC
- Vice President: Nisarga CS
- General Secretary: SyedaSeher
- Additional Secretary: Shiny Vijay Treasurer: Jagadish S
- Treasurer: Ananya Mohan
- Sports Secretaries: Harshith Gowda and Sushma B Heremat
- Academic Secretaries: Don jolly and Nikita M
- Cultural Secretaries: Shone Stephen and Aparna Sudheer
- Institutional Social Responsibility Secretary: Ananya BS
- Media and Web site Secretaries: Anshid Rahaman
- Swach Bharath Secretaries: Joby Mathew and Adriana Maria Dsoza
- NSS Secretary: Swaroopdhan Gaikward

The new council members took their Oath in an online meet conducted as it was the time of pandemic. Student council 2020-21 planned and executed various curricular and extracurricular activities in college and intercollegiate levels both online and offline as it was the time of covid, including IDPD celebration, sports week celebration, cultural week celebration, college day, national integration day, environment day, yoga day, intercollegiate Quiz and Essay writing competition detailed report of particular events are described below along with the minutes of meeting.

➤ **General body meeting**

Date: 12.05.2021

Time: 05:00 pm

Total Minutes: 60 min

The GBM was conducted via online platform Google meet. Students of all the batches were invited to attend the meet to discuss if any problem faced by students about curriculum and co-curriculum activities, to take students suggestion, feedback, and to answer there question.

The students were informed about the ongoing plan to conduct cultural program of one day via online Teams app and No. of students interested to attend the event was noted.

The questions/request raised by the students about the upcoming events were considered and tried to achieve their expectations. General body meeting is the first meeting conducted by the council with the students of the college both BPT and MPT students were there, the main motto of the meeting was to ask students about how they want the event to be organized in the college and on which dates will it be good. Council was open to all the suggestions given by the students. All the events were discussed with students as many of the events were held via online mode for the first time due to pandemic. The inputs from the students was collected by using a Google form. Among all the students of every year totally 81 students responded to the interest in the cultural day program to be conducted online.

➤ **The 1st Council meeting**

Date: 24.04.2021

Time: 10:00 Am

Total Minutes: 20 min

Online platform

The first student council meeting 2020-21 was held. We greeted each other and introduced ourselves with our respective post. Our President Bharath Gowda, began the meet with a

positive energy. The roles, responsibilities and future plans were discussed which has to be implicated this year considering the pandemic situation. We decided to go through the academic calendar that's been allotted to us for this year, and plan accordingly with events and fun that makes everyone indulge in.

➤ **Council meeting for conducting College Cultural day**

Date: 02.05.2021

Time: 05:00 pm

Total Minutes: 70 min

The meeting started at 05:00 pm in presence of cultural coordinator Miss. Tejaswini.

Name of the event decided as AVISHKAR 2021.

Cultural secretaries presented the plan. Discussed regarding what can be done for increasing the participation. Invitation will be a soft copy. All the off stage events were decided to be conducted via online mode during lockdown. Followed by on stage events after the college was reopened.

Events were decided taking students opinion with some new creative ideas which was taken through Google form and implemented.

On stage events were done offline in auditorium with judges and all the necessary precaution were been taken.

➤ **Council meeting for conducting academic week:**

Date: 03.05.2021

Time: 05:00 pm

Total Minutes: 60 min

The meeting was conducted in presence of academic coordinator Ms. Tanochni.

The academic presentation days were discussed and planned accordingly, were total 4 academic presentations were conducted in the year.

The list of academic events were discussed with the coordinators and finalized.

All the academic week competitions were conducted online.

➤ **Council Meeting for Conducting Sports Day**

Date: 05.06.2021

Time: 08:00 pm

Total Minutes: 50 min

In the meeting Mahendra sir and Council members were present.

Meeting Started with Council's plan regarding sports day were few events were conducted online during the lockdown and rest were conducted once the college was reopened.

Mahendra sir explained the events list in the order how it has to happen

Torch lighting ceremony and the 6 members were decided.

Inauguration ceremony was done in presence of our principal Dr. Kavitha Raja in our college premises.

At 4:00 pm torch lighting will be started.

Indoor competitions were began followed by inauguration.

All the events were planned and scheduled for each day and conducted by following all the covid protocol.

Once the event got ended council members were asked to clean the ground and all the equipment has to be returned safely to the sports room.

## CULTURAL WEEK-2021

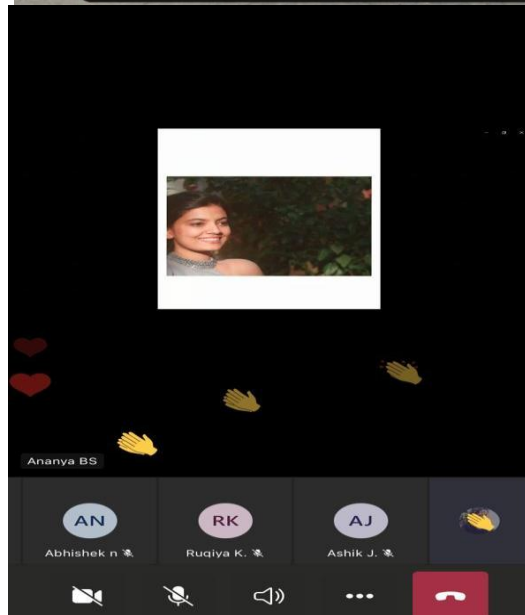
**Date: 02/05/21**

In the current pandemic situation, the Council has come up with a proposal to have this cultural week in the virtual platform. As a part of this, the college cultural week celebration AVISHKAR 2021 was organized from May 17<sup>th</sup> to 22<sup>nd</sup> 2021. The off stages competitions were conducted from 4-7pm in the evening. The events were,

1. 17/05/21(Monday)
  - drawing/pencil sketch (4-5pm)
  - painting (5-6pm)
2. 18/05/21(Tuesday)
  - hair style(4-5pm) and mehendi (5-6pm)
  - Face painting (6-7pm)
3. 19/05/21(Wednesday)
  - Poetry(4-5pm) (English, Malayalam and Kannada)
  - essay writing(5-6pm) (English, Malayalam and Kannada)
  - Calligraphy(6-7pm)
4. 20/05/21(Thursday)
  - Rangoli(4-5pm)
  - Mandala art (4-5pm)
5. 21/05/21(Friday)
  - reels/short video(4-5pm)
  - Photography(5-6pm)
6. 22/05/21(Saturday)
  - short story writing(ENGLISH) (4-5pm)
  - Best & out of waste(5-6pm)



On 22<sup>nd</sup> May (Saturday), from 2-5 pm a virtual cultural program was held. Fun games like “dumb charades”, “guess the gibberish”, “Pictionary” and “who says” were conducted.



### Winners of AVISHKAR 2021

PENCIL SKETCH	NAMES
1 <sup>st</sup> place	Rini Cherian
2 <sup>nd</sup> place	Anjala
3 <sup>rd</sup> place	SyedaShama

PAINTING	NAMES
1 <sup>st</sup> place	Umme Hani
2 <sup>nd</sup> place	Mufeed
3 <sup>rd</sup> place	Darshitha&Adrina
FACE PAINTING	NAMES
1 <sup>st</sup> place	Manasi
2 <sup>nd</sup> place	Adriana
3 <sup>rd</sup> pace	SyedaSeher
HAIRSTYLE	NAMES
1 <sup>st</sup> place	Manasi
2 <sup>nd</sup> place	Meghana M
3 <sup>rd</sup> place	Sharon
MEHENDI	NAMES
1 <sup>st</sup> place	Taskeen
2 <sup>nd</sup> place	SyedaSeher
3 <sup>rd</sup> place	Darshitha
ESSAY(Eng)	NAMES
1 <sup>st</sup> place	Nikita
2 <sup>nd</sup> place	SyedaShama
3 <sup>rd</sup> place	Chandana MB
POETRY(Eng)	NAMES
1 <sup>st</sup> place	Dona
2 <sup>nd</sup> place	Dany Chako
3 <sup>rd</sup> place	Ruqiya
CALLIGRAPHY	<b>NAMES</b>
1 <sup>st</sup> place	Anusha
2 <sup>nd</sup> place	Adriana
3 <sup>rd</sup> place	Nisarga C

RANGOLI	NAMES
1 <sup>st</sup> place	Darshitha Patel
2 <sup>nd</sup> place	Riya A Shah
3 <sup>rd</sup> place	Varshini KS
MANDALA	NAMES
1 <sup>st</sup> place	Shiny Vijayan
2 <sup>nd</sup> place	Nithyashree
3 <sup>rd</sup> place	SyedaShama
REELS	NAMES
1 <sup>st</sup> place	Karishma
2 <sup>nd</sup> place	Aaniya
3 <sup>rd</sup> place	Riya A Shah
PHOTOGRAPHY	NAMES
1 <sup>st</sup> place	Joby Mathew
2 <sup>nd</sup> place	Shiny Vijayan
3 <sup>rd</sup> place	Amal Dev
Best Out of Waste	NAMES
1 <sup>st</sup> place	Chinmayi M
2 <sup>nd</sup> place	Anjala
3 <sup>rd</sup> place	Roshni M
Short story writing	<b>NAMES</b>
1 <sup>st</sup> place	Varsha k
2 <sup>nd</sup> place	Ruqiya
3 <sup>rd</sup> place	Parinita
ESSAY(Kannada)	NAMES
1 <sup>st</sup> place	Naggapa
ESSAY(Malayalm)	NAMES
1 <sup>st</sup> place	Fahad



POETRY(Kannada)	NAMES
1 <sup>st</sup> place	Jagadish
POETRY(Malayalam)	NAMES
1 <sup>st</sup> place	Anjala

### **ANNUAL SPORT REPORT: URRJJA - 2021**

Sound mind in a sound body' is an unavoidable necessity for all, particularly for college going boy or girl. Keeping in this mind we have done various sports activities in this Academic year with active participation of our students.

- Due to pandemic virtual games were conducted from 10/08/2021 to 12/06/2021. The indoor games are Chess, Ludo, Tambola, Free fire and Rubik's Cube.
- The annual sports were conducted URRJJA from 2/08/2021 to 13/08/2021. The Annual sports were conducted with following the Covid – Guidelines.
- The URRJJA-21 Inauguration was done on 02/08/2021.
- After conducting the annual sports the prize distribution programme was arranged on 14/08/2021. All the teaching staff and winners of the annual sports were invited for the programme. During the programme all the Covid Guideline were followed.



## Inauguration

In the year 2020-21 following Events were conducted at college level

### INDOOR GAMES

GAME	DATE	TIME	PLACE
1]Carrom(Men single and double) 2] T.T (Men single and doubles )	2/08/20 21 & 3/08/2021	4-6 PM	JSS CPT Indoor sports room
1]Carrom (Women singles and double) 2]T.T (women single and double)	4/08/20 21 & 5/08/2021	4-6 PM	JSS CPT Indoor sports room
1] Carrom (Mixed doubles) 2] T.T ( Mixed doubles) 2] Finals – Carrom and TT(Both men and women)	6/08/2021	4-6 PM	JSS CPT Indoor sports room

### OUTDOOR SPORTS

GAME	DATE	TIME	PLACE
Throw ball (Men & Women's)	10/08/2021 & 11/08/2021	4-6 PM	JSS CPT Throw ball Court
Volley ball ( Men and women)	12/08/2021 & 13/08/2021	4-6 PM	JSS CPT Volley Ball Court
Tennikoit	09/08/2021	4-6 PM	JSS CPT Tennikoit Court

## **Winners of Indoor Events of URRJA- 2021 through virtual platform**

### **1.Chess**

- 1st – Praise
- 2nd - Sujan
- 3rd - Abhishek

### **2.Ludo**

- 1st - Meghana C
- 2nd - Sahana D
- 3rd - Alok

### **3.Tambola**

- 1st - Ayman
- 2nd - Silo
- 3rd – Nikita and Sahana D

### **4.Rubik's Cube**

- 1st - Ashwin
- 2nd - Sharvani
- 3rd - Seher

### **5.Free fire**

- 1st - Hajira
- 2nd - Harikrishna
- 3rd - Sijo

## **Winners of Indoor Events and Outdoor games of URRJA- 2021**

### **Indoor games winners**

#### **1.Carrom Men singles**

- 1st - Sanjay (G-1)
- 2nd - Sharan Basappa (G- 2)
- 3rd - Vikas (G-5)

#### **2.Carrom Women Singles**

- 1st - Shivangi (G- 3)
- 2nd - Soundharya (G-4)
- 3rd - Varshitha (G- 1)

#### **3.Carrom Men Doubles**

- 1st - Swaroop and Harshith (G-4)
- 2nd - Amal and Ebin (G-4)
- 3rd - Bopanna and Darshan (G-2)

#### **4.Carrom Women's Double**

- 1st -Lavanya and Ayman (G-4)
- 2nd - Varshitha and yashwini (G-1)
- 3rd- Sharvani and Meghana (G-5)

#### **5.Carrom mix double**

- 1st - Harshith and Sushma (G-4)
- 2nd - Sharan and Meghana (G-2)
- 3rd - Bharath and Lavanya (G-4)

#### **6.Table Tennis Men Single**

- 1st-Swaroop (G-4)
- 2nd - Bopanna (G-2)
- 3rd-Darshan (G-2)

#### **7.Table Tennis Women Single**

- 1st - Ananya B S (G-4)
- 2nd - Riya Shah (G-2)
- 3rd - Nisarga (G-4)

#### **8.Table Tennis Men Doubles**

- 1st - Swaroop and Harshith (G-4)
- 2nd-Jagdish and Bharath(G-4)
- 3rd- Sharan DK and Ashwin(G-2)

#### **9.Table Tennis Women Doubles**

- 1st- Ananya B S and Ananya Mohan (G-4)
- 2nd- Nisarga and Sushma (G-4)
- 3rd- Nishita and Parinitha(G-3)

#### **10.Table Tennis Mixed Doubles**

- 1st - Sharan and Riya Shah (G-2)
- 2nd - Bharath and Nisarga (G-4)
- 3rd- Sushma and Harshith ( G-4)

## **Outdoor Games**

### **1.Tennikoit**

- 1st - Group 3
- 2nd - Group 4
- 3rd - Group 5

### **2.Volleyball Men**

- 1st - Group 3
- 2nd - Group 5
- 3rd - Group 2

### **3.Volleyball women**

- 1st - Group 3
- 2nd - Group 4

### **4.Throw ball Men**

- 1st - Group 5
- 2nd - Group 4
- 3rd - Group 3

### **5.Throw ball Women**

- 1st - Group 4
- 2nd Group 3
- 3rd - Group 5

## **Overall Championship**

**Overall Championship – 4<sup>TH</sup> Years with 145 Points**



Inauguration URRJJA – 2021



**Men's Volley Ball Match**



**Prize Distribution program**









**Over all Championship – 4<sup>th</sup> years**

## **ANNUAL ACADEMICS REPORT 2021-22**

### **1. ACADEMIC SOCIETY PRESENTATION**

Academic presentation of this academic year 2021-22 was conducted on 8<sup>th</sup> May 2021 through the online platform (Teams). The presentation was conducted from 10 am onwards. The topics which were given were Types of muscle work, analysis of lifting the object from floor, assessment tools for analysis of lifting the object from floor, ergonomical assessment of lifting by using the outcome measure-REBA, Evidence based management for lifting the objects from varied surface to each year's respectively. The academic presentation was inaugurated by Vijay sir. Eliza from 1<sup>st</sup> year, Aparna P from 2<sup>nd</sup> year, Anitha from 3<sup>rd</sup> year, SyedaSeher from 4<sup>th</sup> year and Nayana from MPT 1<sup>ST</sup> year were the presenters for the first academic presentation. After each presentation, the presenters were raised with questions from the students and lecturers.

The lecturers then discussed about the topics and students were clarified and cleared with their doubts. The presentations were finished at 1.30pm.

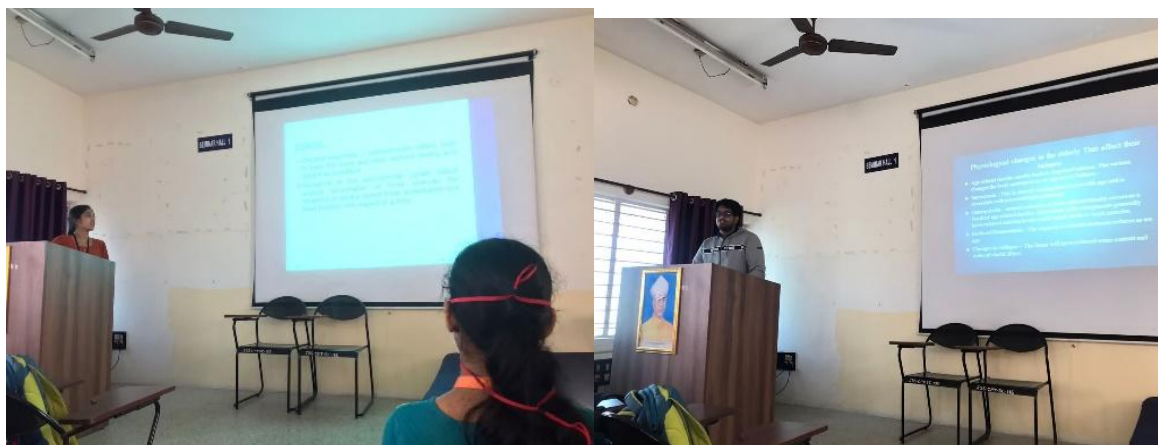


Academic presentation of this academic year will be conducted on 19<sup>th</sup> June 2021 through the online platform (teams). The presentation will be conducted from 10 am onwards. The topics which were given were Kinematics of Gait(phases of gait), kinetics of gait, system involved in horizontal gait and alteration with disease, gait analysis, pathomechanics of gait and gait evaluation as a clinical skill-current evidence to each

years with the faculty moderators respectively. Esha Pande from 1<sup>st</sup> year, Divya G from 2<sup>nd</sup> year, Nishitha from 3<sup>rd</sup> year, Don and Sushma from 4<sup>th</sup> year and Nikhil and Sana from MPT 1<sup>ST</sup> year were the presenters for the second academic presentation.

The final Academic presentation of this academic year 2021-22 was conducted on 23<sup>rd</sup> October in the seminar hall. The presentation was conducted from 10 am onwards. The topics which were given were Description of COM, BOS, COG, LOS, GRF, COP, Principles of equilibrium and strategies of balance, Systems involved in balance control, types of balance (static, dynamic, reactive, open and close loop, anticipatory), balance control in varying conditions, Clinical examination of balance in Orthopedic conditions, Physiological changes of balance in ageing and clinical test of balance in neurological conditions (CTSIB, Lord's sway meter, sensory organization test). Jayanth from 1<sup>st</sup> year, Ganavi and Hema from 2<sup>nd</sup> year, Parinitha from 3<sup>rd</sup> year, Ethendra from 4<sup>th</sup> year were the presenters for this academic presentation. After each presentation, the presenters were raised with questions from the students and lecturers. The

lecturers then discussed about the topics and students were clarified and cleared with their doubts. The presentations were finished at 12.30pm.



## **2. ACADEMIC WEEK CELEBRATION**

### **ETIQUETTE 2021 REPORT**

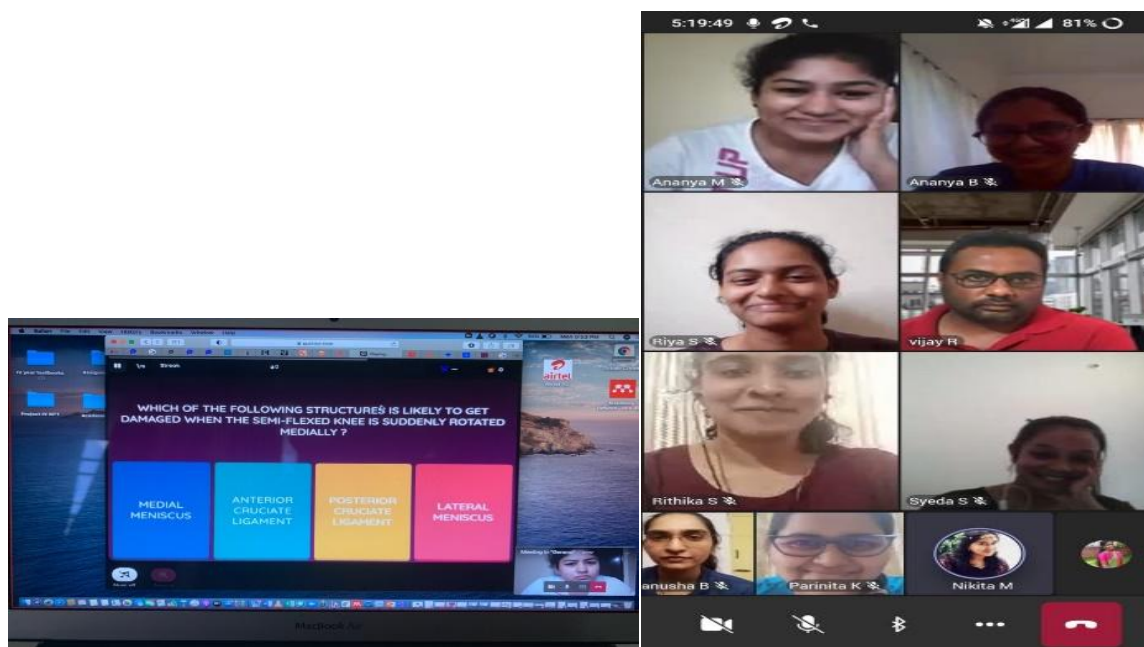
Despite the lockdown, academic week celebration Etiquette 2021 was conducted from 31<sup>st</sup> May to 5<sup>th</sup> June.

The events conducted were

- Quiz preliminary and finals
- Pick and speak
- Collage making competition
- Model making
- Crossword solver
- Paper/poster presentation
- Debate competition
- Academic Dumbcharades

## 1. QUIZ PRELIMINARY

Quiz preliminary was conducted on 31<sup>st</sup> May through teams meeting and QUIZZIZ Platform. The Judge for the event was Vijay sir. There were five teams for the quiz preliminary round with two members each. Questions were displayed in the PPT in the first two rounds. Rapid fire round questions were displayed through the QUIZZIZ Platform. Time limit and points were calculated for each team and Three teams were selected for the final round based on the highest scores. (TEAM A,B AND C)



## 2. PICK AND SPEAK

Pick and speak event was conducted on 1<sup>st</sup> June through teams meeting from 4-5pm. The Judge for the event was Kundan Sir. There were four participants for the event. The participants were asked to join the scheduled meeting and topics were given individually after which the participants were asked to turn on their video and audio and to talk on the topic for one minute.

The topics were Immunology, Diabetes mellitus, Muccormycosis, Nutritional Deficiencies, Mental health awareness.

Three winners were selected based on the highest score in the judging criteria.

WINNERS
1. RIYA SHAH (II YEAR)
2. ELIZA SANDEZ (I YEAR)
3. ANUSHA BHAT (III YEAR)



### 3. COLLAGE MAKING COMPETITION

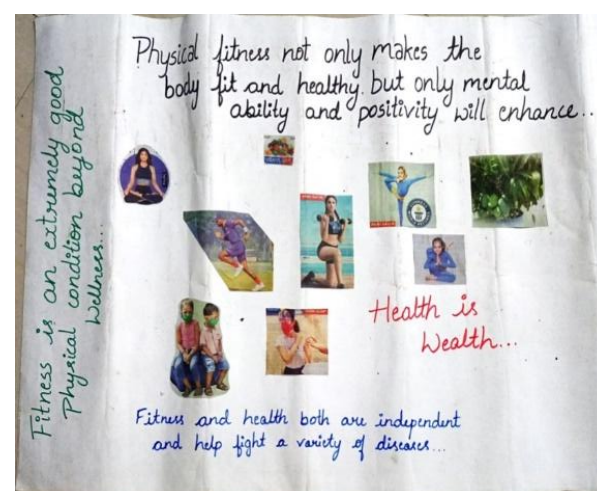
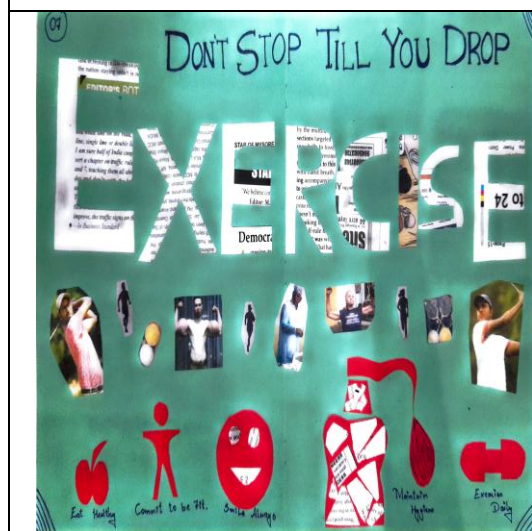
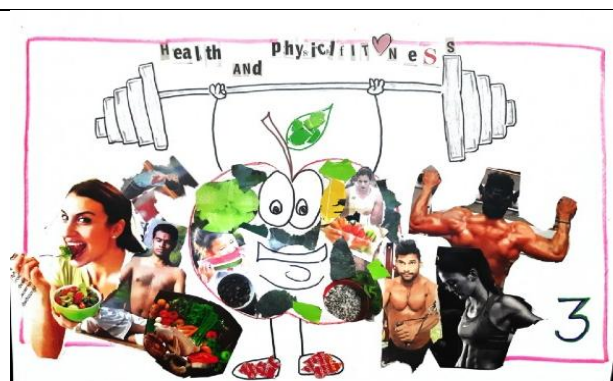
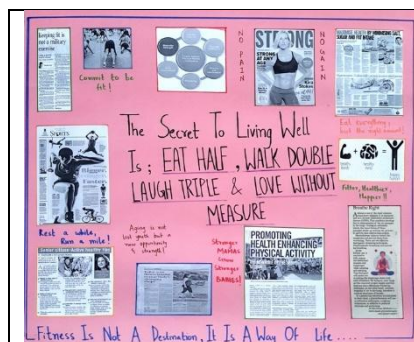
Collage making competition was conducted on 1<sup>st</sup> June from 5-6pm. Topic was given 30 mins before the competition. The Judges for the event were Asif sir and Saritha ma'am. The participants were asked to submit the collage on time in the given Email ID.

The topic given was Health and physical fitness. There were eight participants.

Three winners were selected based on the highest score in the judging criteria.

WINNERS
1. SYEDA SEHER (IV YEAR)
2. RIYA SHAH (II YEAR)
3. CHINMAYI (IV YEAR) AND UMME HANI (I YEAR)



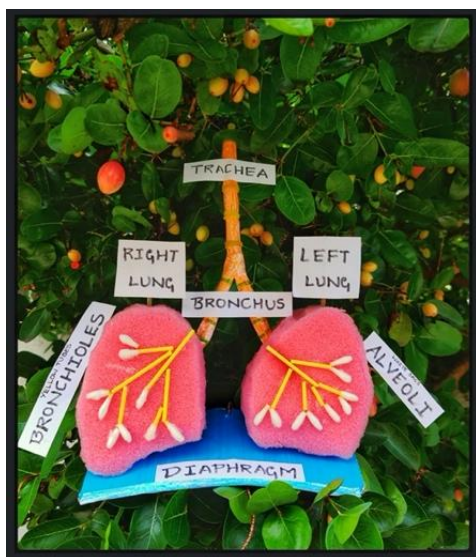


#### 4. MODEL MAKING COMPETITION

Model making competition was scheduled on 2<sup>nd</sup> June from 4-5pm. The judge for the event was Ranjith sir. The participants were asked to submit the model on time with its description in the given Email ID.

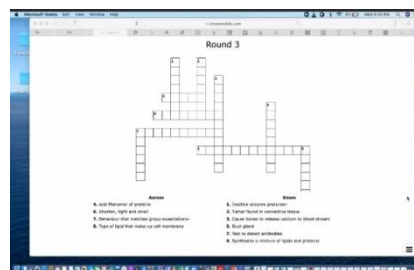
Three winners were selected based on the highest score in the judging criteria.

WINNERS
1. NISARGA CS ( IV YEAR)
2. SYEDA SEHER (IV YEAR)
3. UMME HANI ( I YEAR)



## 5. CROSSWORD SOLVER

Crossword solver was conducted on 2<sup>nd</sup> June from 5-6pm through teams meeting. The judge for this event was Preeti ma'am. Participants were asked to join the scheduled meeting and the crossword puzzle was displayed on screen. The participants were given 5 minutes to solve the puzzle and sent the picture on Watsapp group created.



Three winners were selected based on the highest score in the judging criteria.

WINNERS
1. RIYA SHAH (II YEAR)
2. ANANYS MOHAN (IV YEAR)
3. ANANYA BS ( IV YEAR)

## 6. PAPER/POSTER PRESENTATION

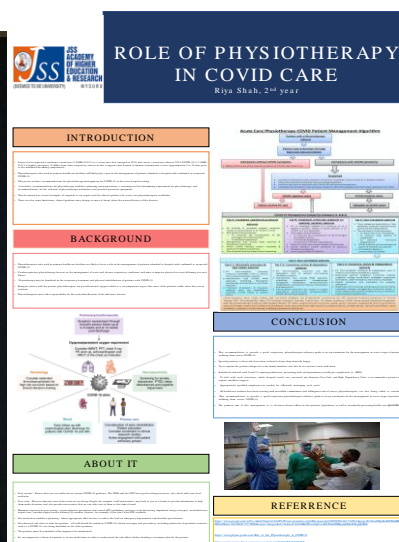
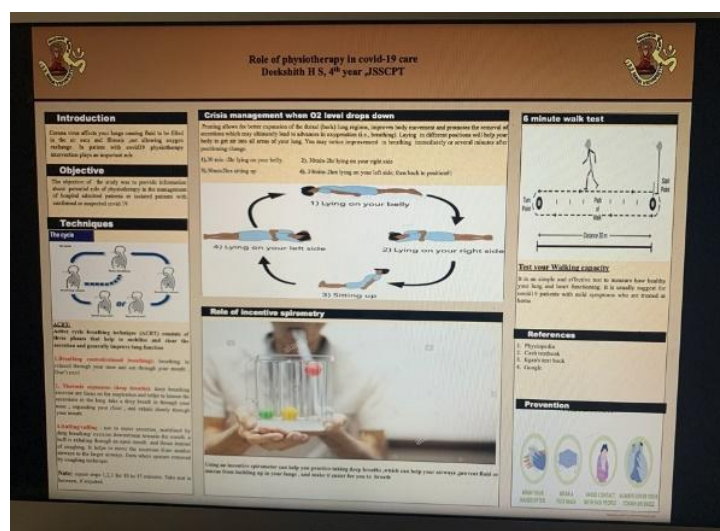
The poster presentation was conducted on 3<sup>rd</sup> June through the teams meeting. The judges for this event were Sruthi ma'am and Tejaswini ma'am. The participants were given one hour of

duration to prepare the poster after which they were asked to join the scheduled meeting and present their respective posters. The judges asked few questions to the participants as well.

The topic given was Role of Physiotherapy in COVID care

Two winners were selected based on the highest score in the judging criteria.

WINNERS
1. DEEKSHIT (IV YEAR)
2. RIYA SHAH (II YEAR)



## 7. DEBATE COMPETITION

Debate competition was conducted on 4<sup>th</sup> June through the teams meeting. The Judge for the event was Renuka ma'am. There were five teams in total of five members each. There were four rounds-round 1, round2, argument round and wind up round with time duration of each rounds.

Topics were Management of COVID-Government, Which is more important? Hardwork or talent, online learning and classes-an advantage or disadvantage? Passing PU students without exam.



Two teams were selected for the final round. (TEAM C AND TEAM D)

### **ACADEMIC DAY-ETIQUETTE 2021 (JUNE 5<sup>TH</sup>)**

The academic day was conducted on the teams meeting ETIQUETTE. The host for the program was Shiny. The program started at 9.15am. The first event for the day was Quiz finals. The judge for the event was Sandeep sir. The questions were displayed in a PPT. The timings of the rounds and points were checked, calculated and monitored.

The winners were selected based on the highest scores

WINNERS OF QUIZ FINAL
1. TEAM C:- RIYA SHAH AND RITIKA SABU (II YEAR)
2. TEAM B:- ANUSHA AND PARINITA ( III YEAR)
3. TEAM A :- ANANYA BS AND ANANYA MOHAN (IV YEAR)

Dr Renuka Devi inaugurated and shared few words with us about the academic week.

The next event was debate finals. The judge for the event was Mansoor sir. There were four rounds-round 1, round 2, argument round and wind up round with time duration of each rounds.

The topic for the final round was “Is technology making us more distant than connected to people?”

The first and second place winners were announced by Mansoor sir.

WINNERS OF DEBATE FINALS
1. TEAM D:- SHIVANGI AND TEAM (II YEAR)
2. TEAM C:- ANUSHA AND TEAM (III YEAR)
3. TEAM B:- ANANYA AND TEAM (IV YEAR)

The last and the most awaited event was academic dumbcharades. There were five teams and three rounds were conducted. Words for academic dumbcharades were sent individually to the volunteers from every team. The volunteers were asked to turn on their video and enact and the batchmates were asked to guess the word.

Our academic coordinator Tanochini ma'am spoke a few encouraging words to all the staff and students.

The academic day program ended with the announcement of the winners and vote of thanks by the Academic secretary.



### **ETIQUETTE 2021- OVERALL POINTS**

TEAM A :- 51

TEAM B:- 90

TEAM C:- 53

TEAM D:- 83

TEAM E:- 50

INDIVIDUAL CHAMPIONSHIP:- RIYA SHAH (II YEAR)

ACADEMIC CHAMPIONSHIP:- 2<sup>ND</sup> YEAR (TEAM B )

### **INTERNATIONAL YOGA DAY**

The International Yoga Day was celebrated on 21st June at 9:30 Am the program which was organized virtually through Google meet in peace, harmony, happiness and success to every soul. Yoga is a mental, physical and spiritual practice that needs to be carried every day; this was a great opportunity to imbibe the value of this discipline. The session was attended by a faculty and staff with the students.

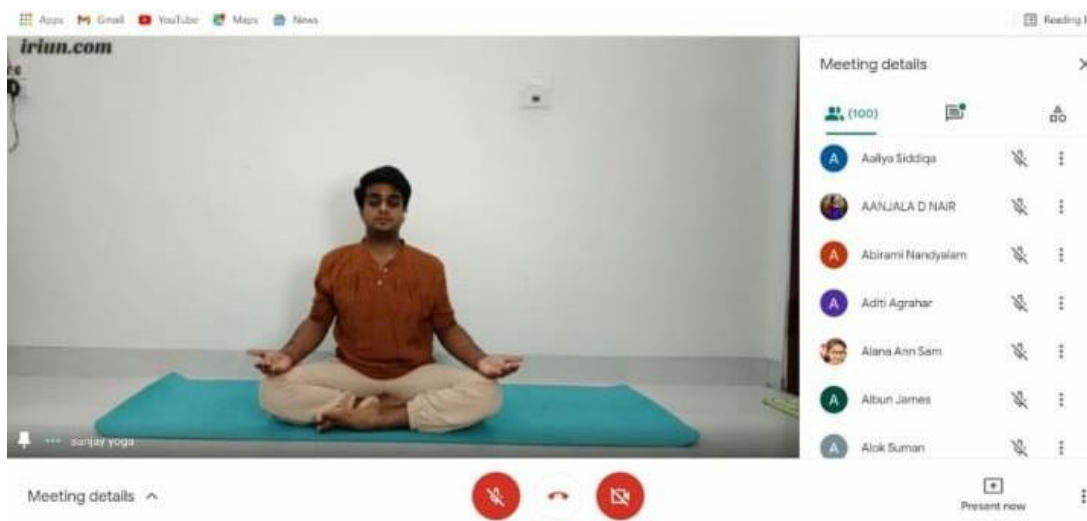
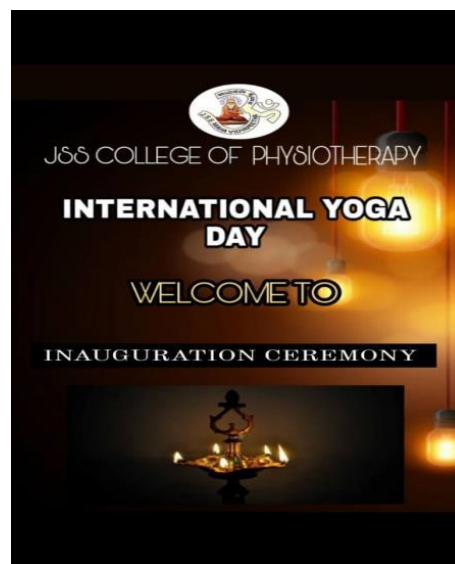
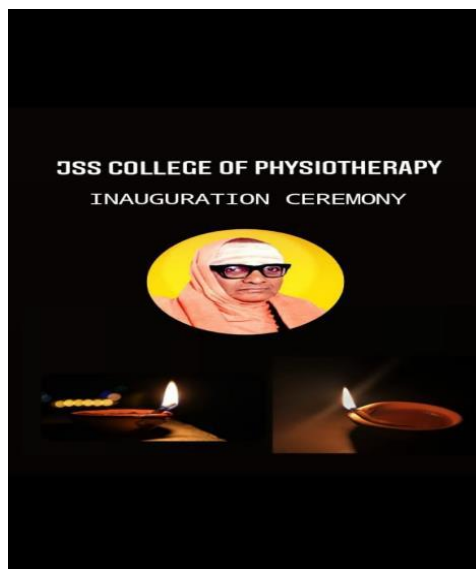
Mr. Sanjay N, an International Yoga teacher with 18 years of experience as instructor at Vietnam, was approached for conducting the session on the International Yoga Day. He consented and agreed to conduct the session.

On the day of the event, the faculty members and students joined the virtual meeting. There was a colorful welcome followed by Inauguration of the program it was accompanied by a melodious Saraswati Vandana. It was followed by a welcome speech given by the Dr Renukha Devi. Then the guest gave a speech about the importance of yoga in our day-today life and graced us with his thought provoking address set a perfect platform for our college. The proceedings were then handed over to the Yoga Instructor.

The Instructor started the session with a prayer and explained how yoga embodies unity of mind and body. The participants there after performed various Yoga asans. All yoga asans were introduced/ explained before being performed. Finally, the session ended with meditation.

The participants benefited from the session and expressed their heartfelt thanks to Mr. Sanjay N for conducting the session on the occasion of International Yoga Day.

It was a great event and the entire staff and students enjoyed this event to the fullest.



## WORLD ENVIRONMENT DAY

Eco friendly practices has always been something JSSCPT has been promoting and practicing. This year the student council 2020-2021 and the Nature Club have strived to maintain these values.



The Council organized 'plant a sapling' event, which was initiated by the previous council. It involves clicking pictures of a new sapling planted by the students to signify the importance of World Environment Day.

The Student Council also tried to bust a popular myth that sustainable lifestyle is not possible during student life. Posters consisting of tips and ways to incorporate eco friendly practices into student lives were put up on whatsapp groups and council social media. Lastly, messages from the staff were collected in order to inspire students to actively work towards preventing climate change. JSSCPT has always upheld sustainable practices and has always led by action rather than advice. The campus is plastic free and students are encouraged to use less amount of paper possible, hence all assignment is now digital.

Following the lead of the previously existing practices in the college, the council incorporated the above and encourages addition of new practices to the councils that follow.



## World Physiotherapy day celebration

World physiotherapy day was celebrated on the 8<sup>th</sup> of September 2021 in the JSS College of physiotherapy campus. On that occasion a number of intercollege competitions were conducted which was hosted by our college. The events conducted were quiz, poster presentation, and photography and videography competition. The topic for all the competitions, except quiz was “long covid “. JSS College of physiotherapy won the overall championship for the same.



The chief guest for the WPD was Mr., Director of JSS medical institutions, who also inaugurated the physiotherapy museum. The museum portrays the evolution of physiotherapy through the years. All the obsolete machines were exhibited in the museum. The program was concluded by felicitating all the physiotherapy clinical staff for their relentless service during the testing times. The event was a huge success and was appreciated by all.

## COLLEGE DAY

**DATE: 18/09/21**

On the 18<sup>th</sup> of September JSS College of physiotherapy celebrated the college day 2021. The program was started from 2pm, where the president of council delivered the welcome speech, in the presence of Dr. Kavitha Raja (principal), Dr. Renuka Devi (vice-principal) and other staff.



Later on the inauguration of the event was done by lighting the lamp. The lamp was lit by Dr Kavitha Raja, Dr Renuka Devi, Mr. Vijay Samuel, MsTanochni and the cultural secretaries, where invocation was sung by Varshitha of II<sup>nd</sup> year.

The best Teacher award 2021 was received by Mr. Sandeep P H and the certificates for the outstanding students and subject toppers were given by Dr Kavitha Raja, Dr Renuka



Devi and Mr. Vijay Samuel. Next, the cultural events was started, where the students participated enthusiastically in different programs from solo events to group events. Special dance performance was given by Mr. Ranjith K V and Mr. Nagendra R T. The College Day was winded up by 4.45 pm successfully and ended by vote of thanks



## **INDEPENDENCE DAY**

**15.08.2021**

Independence day 2021 was conducted with the sister colleges, were JSS College of Physiotherapy, JSS College of Nursing, JSS School of Nursing, and JSS Speech and hearing celebrated it together. Chief guest for the day were

All the principals, lectures and students were invited. JSS College of Physiotherapy for the first time introduced BAND TROOP which was initiated by student council 2020-21 and escorted the chief guest with the slow march and March past groups from each college had represented the



tri color and had marched with the band. Later the event was followed with a speech by the chief guest and students of all the 4 college had performed various patriotic program.





## INTEGRATION DAY

**28/08/21**

The Integration day 2020-21 was held on 28<sup>th</sup> of August. The integration day reflects the vibrant and colorful diversity of Indian culture and values. This day celebrates the honor of unity in diversity of Indian culture and tradition.



The inauguration of the integration day was done by lighting the lamp.



After inauguration several games were planned and conducted. They were,

- Bombing the city
- Musical chair
- Scavenger hunt
- Tug of war





## **GRADUATION DAY - 1**

The graduation day program for the students graduating in the year 2020 was organized on 04<sup>th</sup> September 2021. The event took place in the Rajendra Auditorium at JSS Hospital, Mysore and commenced at 02:00 pm. The dignitaries for the occasion were Professor Dr.kavitha raja, Dr.Renukadevi, Mrs. Vijay samule, Mrs. Syed Asif, Miss.Tejaswini. The event commenced with



the procession of the graduates followed by the invocation. The guests were welcomed by Ms. Preethi after which the presentation of graduates took place. The administration of oath followed the presentation where-in the graduates took an

oath to honor the field of physiotherapy. Awards were distributed to students based on academic excellence and the best out-going student award as well as the best intern award was presented. The graduate response was given by Ridhi Rohit from the batch 2015-20, which was followed by the graduation address. The passing of the lamp from the graduating students to the juniors took place following that. The program concluded with the presidential address, the vote of thanks and the National anthem.



## GRADUATION DAY - 2



The graduation day program for the students graduating in the year 2021 was organised on 12<sup>th</sup> September 2021. The event took place in the Rajendra Auditorium at JSS Hospital, Mysuru and commenced at 11:00 am. The dignitaries invited for the occasion were Professor Narasimman , Dr. Surender Singh , Dr. Bethsurmath and Sri. R Mahesh. The event commenced with the procession of the graduates followed by the invocation. The guests were welcomed by Dr. Renuka Devi after which the presentation of graduates took place. The administration of oath followed the presentation where-in the graduates took an oath to honour the field of physiotherapy. Awards were distributed to students based on academic excellence and the best out-going student award as well as the best intern award was presented. The graduate response was given by Karthik TN from the batch 2016-21, which was followed by the graduation address, chief guest's address, and address by the guest of honour. The passing of the lamp from the graduating students to the juniors took place following that. The program concluded with the presidential address, the vote of thanks and the National anthem.

## TEACHER'S DAY

06.09.2021



Teacher's day was celebrated on 06th of September 2021. All the lectures were invited for the event. Few games were conducted and all were made to take part in the games. Feedback was taken from the entire lecture and a speech was given by Dr Renuka Devi and Mrs. Vijay.

President

Gen. Secretary

Dated : 28-11-2021

Place : Mysore